

Dear Mr. Plain,

I am writing to give my input on the Essential Health Benefits Plan under the Affordable Care Act. I recommend that Nutrition Services/Counseling, termed Medical Nutrition Therapy provided by a licensed Registered Dietitian should be included under both the Preventative and Wellness Services and the Chronic Management Services. It has been overwhelmingly shown that these services offer a cost savings on overall healthcare costs.

Many of the insurance models offer coverage for Medical Nutrition Therapy services, most focusing on the management of major Chronic diseases such as diabetes (prevention and treatment once diagnosed), cardiovascular disease (such as instruction in low cholesterol diet instead of medication for treatment), and chronic diseases that can be delayed in progression through professional diet counseling such as renal disease.

I encourage you not to miss the opportunity for cost saving - include Registered Dietitian Counseling/Services by a licensed dietitian in as many of the plan choices as possible.

Please feel free to utilize me if further information regarding nutrition and healthcare cost savings are needed.

Thank you.

Pam Wagner, Registered Dietitian
Nevada Dietetic Association - President